



FOR IMMEDIATE RELEASE

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***CORA Rehabilitation Clinics, First Physical Therapy and Indigo
Therapy Specialists***

Announce New Astym® Therapy Treatment

Jacksonville, Florida, September 29, 2014 – CORA Rehabilitation Clinics announces offering Astym® Therapy Treatment in a number of CORA Rehabilitation Clinics in North East Florida, First Physical Therapy Clinics in Columbia, South Carolina and Indigo Therapy Specialists Clinics in Myrtle Beach, South Carolina. Astym treatment is an evidence-based rehabilitation program for tendinopathies and post-op/post injury scar tissue. CORA Rehabilitation Clinics clinicians have achieved Astym certification and join a nationwide network of rehab professionals qualified to perform this most-effective treatment. Astym therapy has proven effective in the treatment of lateral epicondylitis (tennis elbow), medial epicondylitis (golfer's elbow), carpal tunnel syndrome, plantar fasciitis, chronic ankle sprains, shin splints and scar tissue that can interfere with recovery after surgery, just to name a few. For more information please contact one of our closest clinics or call Ward Daron, PT/RVP at (904) 718-8077.

CORA Rehabilitation Clinics offers physical therapy services for patients with orthopedic, sports related, neurological and work-related illnesses and injuries. CORA is a multi-state provider of comprehensive outpatient rehabilitation services with approximately 100 clinics in operation. CORA is one of the leading providers of outpatient rehabilitation services in Florida, Michigan and South Carolina.

